



India's Prominent Spine Doctors

Caring For Every Spine, Building Healthier Futures.

Dr. Shekhar Bhojraj
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Spine Surgeon



Dr. Abhay Nene
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Dr. Sheetal Mohite
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Dr. Premik Nagad
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Dr. Aaditya Kashikar
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Dr. Priyank Patel
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We Are Spine: Building India's First Collaborative Spine Surgery Ecosystem

Healthcare is evolving rapidly. Patients today expect more than successful surgery, they seek evidence-based treatment, advanced technology, personalised care and the confidence that every decision is made in their best interest. Yet, despite remarkable advances in medicine, many specialist practices still revolve around individual doctors, where complex treatment decisions often depend on a single opinion.

We Are Spine was founded to challenge that conventional model.

Based in Mumbai, We Are Spine is India's integrated collective of dedicated spine surgeons, bringing together six highly accomplished specialists under one collaborative platform. Instead of functioning as independent practices, the group has built a system where collective expertise, shared clinical experience and academic excellence guide every patient's journey. Their philosophy is simple: the best patient outcomes come from the combined wisdom of a team rather than the judgement of a single individual.

Led by Dr. Shekhar Bhojraj, alongside Dr. Abhay Nene, Dr. Sheetal Mohite, Dr. Premik Nagad, Dr. Priyank Patel and Dr. Aaditya Kashikar, the collective represents decades of combined

experience, international fellowships, AO Spine affiliations and leadership roles within Indian spine surgery. Together, they have treated over **600,000 patients** across leading healthcare institutions, including Lilavati Hospital, Breach Candy Hospital, Sir H. N. Reliance Foundation Hospital, Jupiter Hospital, Wockhardt Hospital, S. L. Raheja Hospital and Shushrusha Hospital.

What truly differentiates We Are Spine is its collaborative model. Every complex case is reviewed through collective discussion, ensuring treatment plans benefit from multiple expert perspectives. Whether managing spinal deformities, slipped discs, spinal stenosis, tumours, trauma or revision surgeries, the team follows an evidence-based approach that prioritises patient outcomes over individual preferences. This shared decision-making creates consistency in care while giving patients the reassurance that they are benefiting from the experience of an entire team.

Innovation is equally central to the group's philosophy. We Are Spine has embraced minimally invasive, endoscopic, robotic-assisted and computer-navigated spine surgery, enabling greater precision, smaller incisions and faster recovery. Equally important is its conservative-first approach. Many spinal conditions can be

managed through rehabilitation, physiotherapy, guided pain management and lifestyle modification, with surgery recommended only when clearly indicated.

Beyond patient care, We Are Spine has established itself as an academic leader. Members of the collective actively contribute to peer-reviewed research, conduct fellowship programmes, teach at national and international conferences and mentor future spine surgeons. This

commitment ensures patients benefit from treatment strategies aligned with the latest global evidence and best practices.

As healthcare increasingly moves towards multidisciplinary centres of excellence, We Are Spine represents a new model for specialty care in India. By combining clinical expertise, technology, research and collaboration within one integrated platform, the organisation is redefining how spine care is delivered. In business, success is measured by innovation, scalability and trust. In healthcare, those same principles translate into better outcomes, greater consistency and stronger patient confidence. By replacing isolated practice with collective expertise, We Are Spine is creating a blueprint for the future of specialty healthcare in India.